



SCHOOL UNIFORM

We see the school uniform as an aid to generating a purposeful and disciplined spirit in the attitudes of students as well as a pride in the school. Parents who choose to send their children to Diss High School are deemed to support the School Uniform Policy.

The principal items of uniform are available from www.yourschoolwear.co.uk.

SCHOOL UNIFORM POLICY

- ❖ *The following has been agreed by the Governing Body.*
- ❖ *All students in Years 7 to 11 are required to wear School Uniform and to present themselves in a neat and tidy fashion at all times.*
- ❖ *No jewellery (apart from one stud per ear) or make-up may be worn. Other forms of visible 'body piercing' are specifically forbidden.*
- ❖ *Style/colour of hair must not be taken to extremes.*
- ❖ *Leather and denim jackets are not regarded as appropriate outdoor wear, neither are casual shirts, training or hooded tops or cardigans. Outdoor wear should be weather-proof. Garments carrying slogans or drawings which the school deems offensive are forbidden (e.g. racist or drugs related). Baseball caps may not be worn. (Generally, outdoor garments should be of the kind that zip or button up the front and be free of very large slogans, brand names, decorations etc. Sober colours are preferred and lightweight training tops or other flimsy garments are really not suitable; the idea is to protect children from the cold and wet, not to allow them to wear the latest fashion garments around the buildings. We would appreciate the support of parents in this.)*
- ❖ *All extremes of fashion should be avoided and the school reserves the right to decide what constitutes a breach of School Uniform.*
- ❖ *Make-up: years 7-11 – no make-up permitted.*

SUMMARY OF SCHOOL UNIFORM

- ❖ *Navy blue official school polo shirt.*
- ❖ *Navy blue official school V-necked sweater. The wearing of sweaters is compulsory after autumn half term holiday until Easter and optional thereafter (weather dependant).*
- ❖ *Plain graphite grey full length trousers for boys and girls (which are purchased through Anglia Sports and School wear). No other style of trouser, such as very tight or very flared, are acceptable and neither are denim, cord or casual style trousers. Accessories such as buttons, studs and other decorative details on the trousers are unacceptable.*
- ❖ *Plain black or grey socks.*
- ❖ *Plain black leather shoes. Trainers with logos, backless or platform shoes, open sandals or shoes with heels exceeding 2 inches (5cm) are not permitted. Where injuries to feet prevent the wearing of normal school shoes, students are expected to wear the regulation plimsolls which are loaned by the school.*

PLEASE ENSURE ALL ITEMS ARE LABELLED WITH YOUR CHILD'S NAME NORMAL TEXT



PHYSICAL EDUCATION KIT

COMPULSORY FOR ALL STUDENTS

- ❖ *Diss High School unisex PE polo shirt* or Diss High School girls' PE polo shirt**
- ❖ *Trainers (non marking soles) NOT plimsolls*
- ❖ *White ankle sport socks*
- ❖ *Plain navy shorts*

OPTIONAL KIT FOR ALL STUDENTS

- ❖ *Plain navy tracksuit bottoms*

COMPULSORY KIT FOR BOYS

- ❖ *Diss High School boys' rugby shirt**
- ❖ *Football boots*
- ❖ *Diss High School sports socks**

COMPULSORY KIT FOR GIRLS

- ❖ *Diss High School girls' sports top* (long-sleeved)*
- ❖ *Hockey boots or football boots*
- ❖ *Diss High School sports socks**
- ❖ *Mouth guards and shin pads strongly recommended*

Additionally, sun hats may be worn by all students in appropriate weather. We recommend that students shower after physical activity, but this is not compulsory.

*This kit MUST be ordered from Anglia Sports and Schoolwear Limited at www.yourschoolwear.co.uk

ALL KIT MUST BE NAMED WITH INDELIBLE MARKING